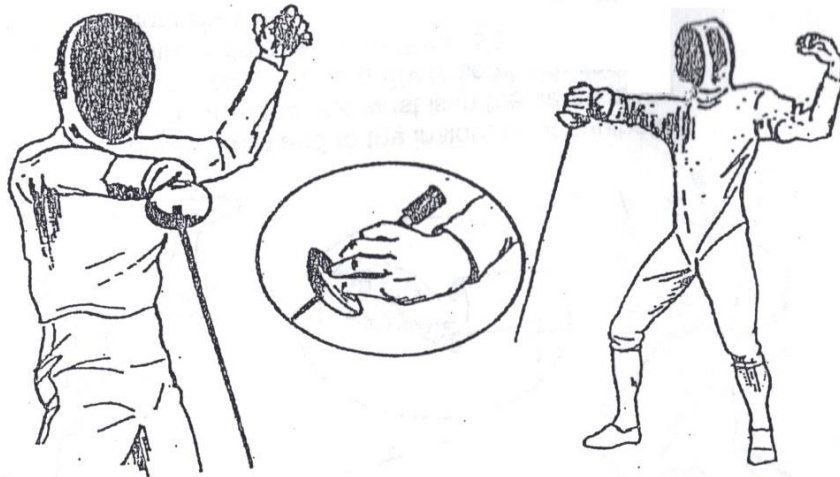
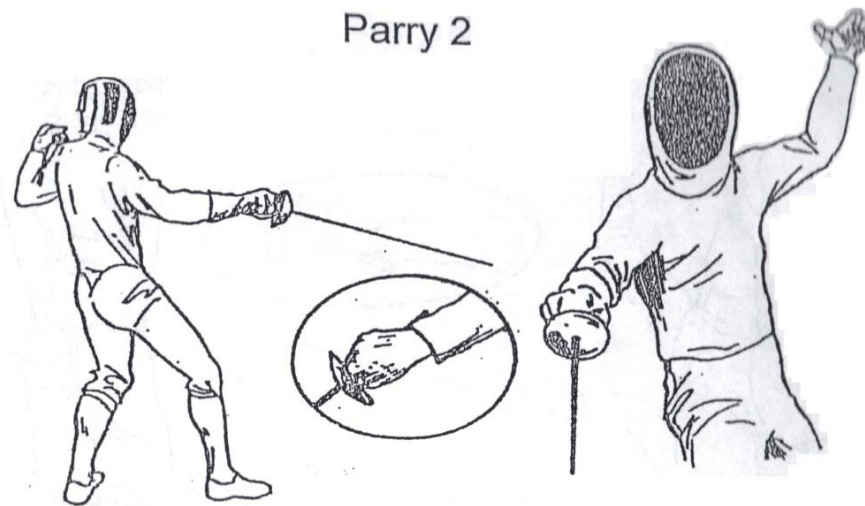


Prime - Parry 1



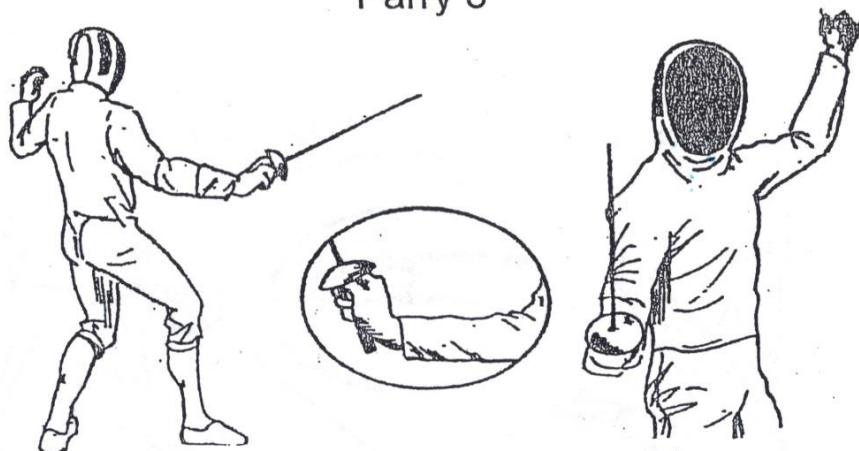
Blade down and to the inside, wrist pronated. Sometimes known as the "Looking at your watch" Parry.

Parry 2



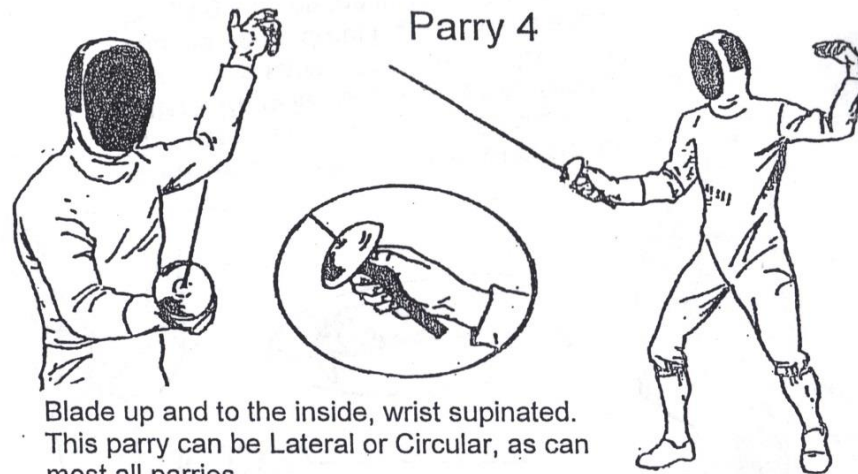
Blade down and to the outside, wrist pronated.

Parry 3

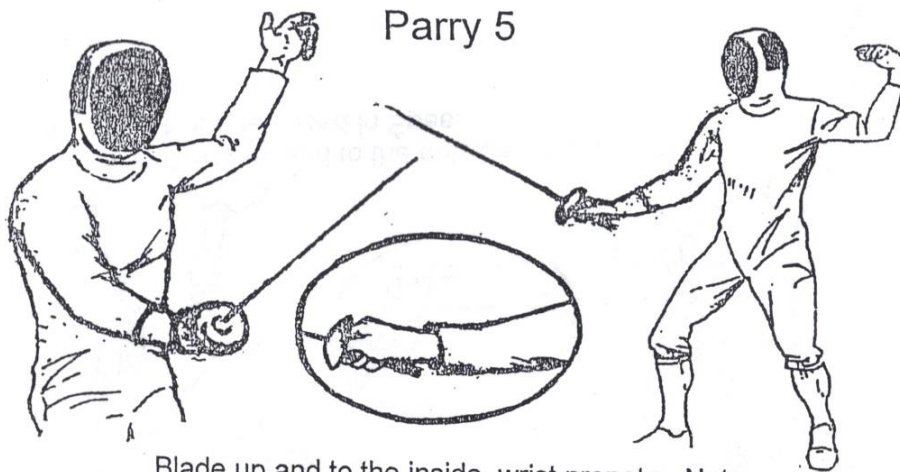


Blade up and to the outside, wrist pronated. Not often used in Épée.

Parry 4

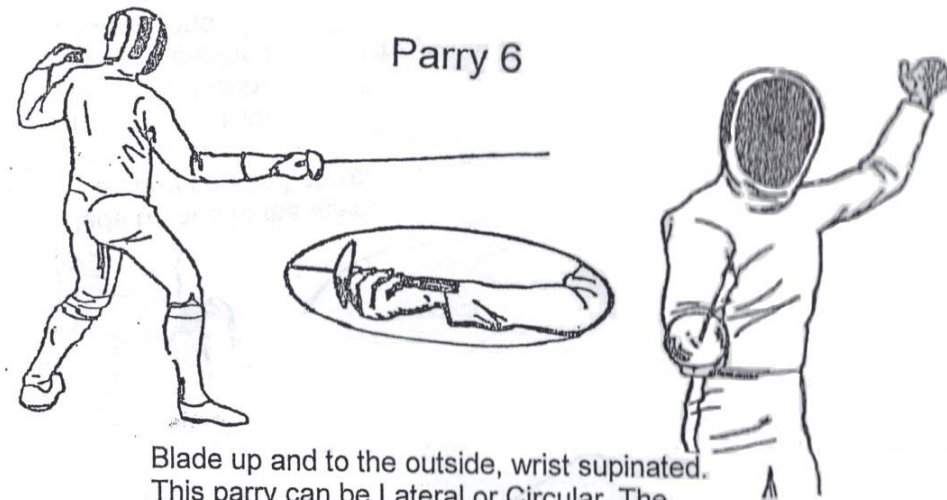


Blade up and to the inside, wrist supinated. This parry can be Lateral or Circular, as can most all parries. The Counter Parry. The Circular Parry, also known as "Counter Four", is a circular or oval shape. It begins in either the neutral or Four position, and with a twist of the wrist it ends in the four parry.



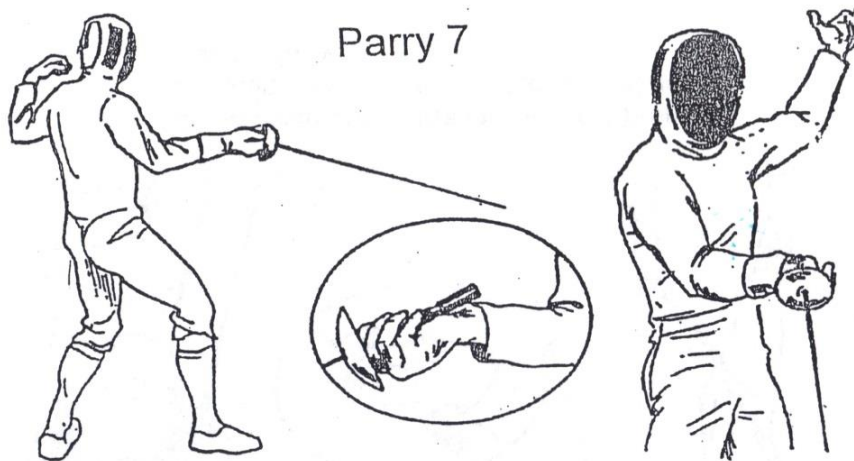
Parry 5

Blade up and to the inside, wrist pronate. Not often used in Épée



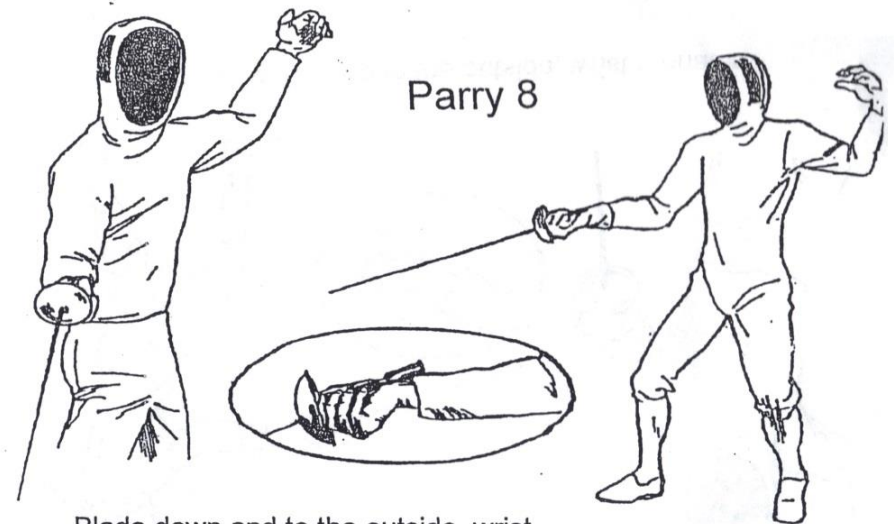
Parry 6

Blade up and to the outside, wrist supinated. This parry can be Lateral or Circular. The Lateral Parry is from Four to Six. The Circular Parry, also known as "Counter Six", is a D shaped parry, dropping the points and bringing it up on the inside bringing your point back towards your En Guard line.



Parry 7

Blade down and to the inside, wrist supinated. Point dropped, the wrist is in the same place as in Four. This parry is semi-circular, the point is dropped from Four to Seven (or the opposite).



Parry 8

Blade down and to the outside, wrist supinated. Point is dropped, the wrist is in the same place as in Six. This parry is semi-circular, the point is dropped from Six to Eight (or the opposite).